



Children's Menu

For our guests 12 & under

Organic Apple Juice Boxes

100% juice ~ 1.50

Kid's Mac & Cheese

Pasta baked in creamy Gruyere & sharp white cheddar sauce, topped with shaved parmesan 6.95

Kid's Quesadilla

Choice of French fries, yam fries, corn chips, pinto beans, cucumber slices, brown rice or peanut-kale salad 6.95

Substitute vegan cheese to be vegan

Kid's Grilled Cheese

On Avalon soft white bread; choice of French fries, yam fries, corn chips, pinto beans, cucumber slices, brown rice or peanut-kale salad 6.95

Substitute vegan cheese to be vegan; Can be gluten free: add \$1 for gf bread

Kid's Scrambled Eggs with Toast

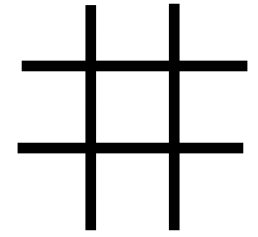
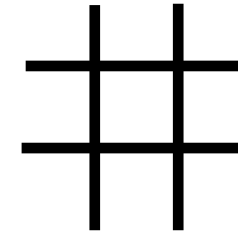
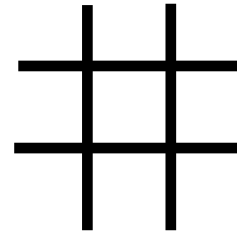
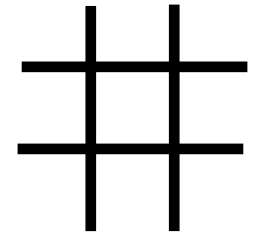
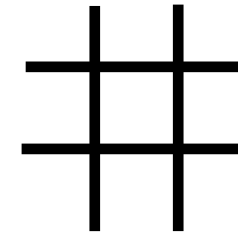
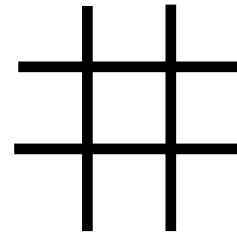
Multi-grain, cinnamon-raisin, soft white or rye toast 3.95

Can be gluten free: add .50 for gf toast

Kid's Scrambled Tofu with Toast

Seasoned & scrambled, choose multi-grain, cinnamon-raisin, soft white or rye toast 4.95

Can be gluten free: add .50 for gf toast



A	Z	U	T	S	Y	H	T	E	M	A	O
P	E	R	E	C	E	R	I	S	E	R	B
B	U	R	G	U	N	D	Y	S	V	E	A
R	T	C	B	L	O	M	U	C	D	Z	D
O	E	E	E	A	O	E	E	A	U	H	I
S	L	M	R	E	R	I	J	R	J	C	H
E	O	E	O	T	A	N	E	L	T	R	C
N	I	R	R	M	M	D	U	E	E	A	R
Z	V	A	U	C	B	I	P	T	C	M	O
E	H	L	E	R	E	G	O	L	I	V	E
C	P	D	R	B	R	O	N	Z	E	M	A
R	E	V	L	I	S	M	O	C	H	E	R

Word Search!

- Amber
- Amethyst
- Azure
- Bronze
- Burgundy
- Cerise
- Emerald
- Indigo
- Jade
- Maroon
- Ocher
- Olive
- Orchid
- Plum
- Puce
- Rose
- Scarlet
- Silver
- Teal
- Violet